

## *Are You a Leaky Faucet?*

One habit that we women seem to have is that we talk too much and we never shut up. I am even guilty of it too. We talk, we scream, we nag, we keep on running on at the mouth trying anything and everything to get our point and across. We are a leaky faucet. Or better yet, our voice is like a constant drip that is just drilling a hole in someone's head.

*A quarrelsome wife is as annoying as constant dripping on a rainy day.*

Proverbs 27:15 (NLT)

*The arguing of a wife is like water falling drop by drop all the time.*

Proverbs 19:13 (NLV)

All these verses means that, as women, sometimes we need to sit down, be quiet, not make a mountain out of a molehill, and know

how to talk to people. Let me break each of these down so you can see what I mean.

### **Sit Down and Be Quiet**

I do not expect you to be a slave to anyone sitting around not saying anything. You can talk, but sometimes you really have to ask yourself, “Is what I am about to say contributing to the conversation or is it going to take away?”

This is something that I had to master in a relationship, with friends, and in a job. You could be right and the other person could be wrong. You could be wanting to say something so bad. But sometimes you just need to be quiet because you saying something will only make things worse.

I used to be the type of person who, if anyone said anything to me, would jump so crazy at the mouth that one may would think the devil himself had possessed my mouth. But I learned this was not a strength, it was a weakness. Sometimes it is best to just sit down, be quiet, and say nothing. And that is the best way to keep the peace.

## **Do Not Make a Mountain Out of a Molehill**

We women are so very guilty of doing this. I was once watching the show *Married at First Sight*. The couple, Tres and Vanessa, was one of the couples I was rooting for. She had a dog that was sick, and she wanted to take the dog to the vet. Fine, right? Except for she wanted Tres to take off from work and also take the dog to the vet with her. When he said that he was not going with her to take the dog to the vet, Vanessa yelled at him. She screamed, "What if this was our child?" She left and spend the night somewhere else. Now really, was it *that* serious? News flash: even when you have children, both parents may not be able to take off work to take a child to the doctor. It is just not realistic.

This was something she did that their marriage would not recover from. Why did she feel the need to have a big fight and a screaming match over a dog needing to go to the vet? And most importantly, why did she choose to leave the house in anger and spend the night somewhere else over a dog? I'm sorry what?

Tres and Vanessa did get a divorce because Tres had abandonment issues from his mother leaving him when he was young. And seeing Vanessa walk out on him over a dog triggered his abandonment issues. In fact, he felt he could not trust that she would not leave again. You see what I mean about making a mountain out of a molehill?

### **What is the Point of Me Telling You This?**

When you get married you are going to be with someone who is not always going to agree with you. In fact, he is not going to agree with you a whole lot. If you sit around, arguing, and acting silly over something that is really not that serious, your relationship is not going to survive.

### **Know How to Talk to People**

Like I said before, I am not a woman who likes to hold her tongue and I used to be very explosive. But I learned that there is a right way to talk to people and a wrong way to talk to people. You can tell someone the same thing in a different tone and have a positive

interaction. Or you can yell, nag, and beat someone's brow and have a negative interaction.

If by chance your ultimate goal is to communicate a point to someone else, then you need to watch how you come across. Do not name call. Keep a calm demeanor as oppose to yelling and getting in someone's face. Changing your message delivery can make or break whether you conversation is going to go anywhere or not. If you yell and get in someone's face, then you are a leaky faucet. If you learn how to articulate properly, then the conversation may actually go well and the person is more likely to receive what you are saying.

You may be wondering how this applies to you as a single woman. If as a single woman you find yourself always being unable to communicate and having trouble getting along with people, then what makes you think that is going to change when you married? When you get married, it will be worse because you will be living together and be in each other's face all the time. So you need to recognize if you

are a leaky faucet and start to change your behavior now before you get married.